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| Graduate Research Engagement Assessment Tool (GREAT) | | James Cook University – Universities Australia |
| **Section:** | **To be completed by:** | |
| Section 1: HDR Student Self-directed Project Assessment (HSSDP) | HDR candidate and primary advisor | |
| Section 2: HDR Student Potential Risk Factors assessment (HSPRF) | HDR candidate | |
| Section 3: HDR Supervision and Progression Assessment (HSPA) | HDR candidate and primary advisor | |

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| **Candidate details** | |
| First / Given Name: | Click or tap here to enter text. |
| Surname / Family Name: | Click or tap here to enter text. |
| HDR ID: | Click or tap here to enter text. |
| Degree: | PhD  Masters |
| Date of Review: | Click or tap to enter a date. |

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| HDR Student Potential Risk Factors Assessment Tool (HSPRF) | | James Cook University – Universities Australia | | |
| **Physical health** | **Yes** | | **No** | **Unsure** |
| Do you have a physical injury that is short-term and likely to get completely better in the future? | 4 | | 0 | 1 |
| Have you been diagnosed with a chronic illness or permanent disability? | 4 | | 0 | 1 |
| Do you feel unwell and in the process of trying to find out what is wrong? | 4 | | 0 | 1 |
| **Sub-Total** |  | |  |  |
| **Social support** | **Yes** | | **No** | **Unsure** |
| If need be, is there someone in your family you can go to for support? | 0 | | 4 | 1 |
| If need be, is there a friend you can go to for support? | 0 | | 4 | 1 |
| Do you meet regularly with anyone from your HDR peer network? | 0 | | 4 | 1 |
| Do you feel comfortable asking your advisor for support? | 0 | | 4 | 1 |
| **Sub-Total** |  | |  |  |
| **Research engagement** | **Yes** | | **No** | **Unsure** |
| Do you enjoy the work associated with being a researcher? | 0 | | 4 | 1 |
| Do you think you have the skills and ability to be a researcher? | 0 | | 4 | 1 |
| Do you find it hard to manage periods of ambiguity and uncertainty? | 4 | | 0 | 1 |
| Do you think you would benefit from attending some research training? | 4 | | 0 | 1 |
| **Sub-Total** |  | |  |  |
| **Mental Health and Well-being** | **Yes** | | **No** | **Unsure** |
| Do you feel sad and find it hard to get going? | 4 | | 0 | 1 |
| Do you constantly worry or feel anxious about the past or future? | 4 | | 0 | 1 |
| Do you have difficulty getting to sleep or staying asleep? | 4 | | 0 | 1 |
| Do you have trouble with procrastination, concentrating, and finishing tasks? | 4 | | 0 | 1 |
| Do you doubt yourself, feel like a failure, or feel like others are better than you? | 4 | | 0 | 1 |
| **Sub-Total** |  | |  |  |
| **Personal** | **Yes** | | **No** | **Unsure** |
| Do you believe you have what it takes to be a researcher? | 0 | | 4 | 1 |
| Do you believe what you are doing is worthwhile? | 0 | | 4 | 1 |
| Is this the project you want to do? | 0 | | 4 | 1 |
| Are you happy with how things to do with your project are going? | 0 | | 4 | 1 |
| **Sub-Total** |  | |  |  |
|  |  | |  |  |
| **Environmental** | **Yes** | | **No** | **N/A** |
| Do you have enough funding to complete the project? | 0 | | 4 | 1 |
| Do you have enough money to eat and pay bills? | 0 | | 4 | 1 |
| Do you have the equipment, research space, and resources to complete the project? | 0 | | 4 | 1 |
| Do you have somewhere suitable to live? | 0 | | 4 | 1 |
| Do you have access to transport? | 0 | | 4 | 1 |
| **Sub-Total** |  | |  |  |

**When you are finished, please add the scores for each column for each factor.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Physical** | **Social** | **Research** | **Mental** | **Personal** | **Environment** |
| **Column 1** |  |  |  |  |  |  |
| **Column 2** |  |  |  |  |  |  |
| **Column 3** |  |  |  |  |  |  |
| **Total** |  |  |  |  |  |  |

**Scoring criteria for interpretation of factor totals**

|  |  |
| --- | --- |
| 0-3 | You are enjoying the research process. Opportunities exist that may enhance your experience and research. Use the check in form to share them with your advisors. |
| 4-7 | You are trying to deal with at least one challenge relating to at least one risk factor. You may choose to use the check in form to request a meeting to problem-solve any potential difficulties with your advisors to ensure your research stays on track. |
| 8-11 | You are trying to deal with more than one challenge relating to one or more risk factors. Please use the check in form to request a meeting to discuss how things are going with your advisor to ensure your research is not placed at risk. You may also like to consider investigating additional support from your ADRE and exploring other supports that may be available. |
| 12+ | You are trying to deal with multiple challenges relating to more than one risk factor and things may be starting to feel overwhelming. Please use the check in form to request a meeting to discuss your situation with your advisors. You are encouraged to consider professional support or taking a break from your studies. |

**Add Total for the six factors to obtain an overall score**

|  |  |
| --- | --- |
| **Factor** | **Score** |
| **Total 1 (Physical)** |  |
| **Total 2 (Social)** |  |
| **Total 3 (Research)** |  |
| **Total 4 (Mental)** |  |
| **Total 5 (Personal)** |  |
| **Total 6 (Environment)** |  |
| **TOTAL** |  |

**Scoring criteria for interpretation of Total score**

|  |  |
| --- | --- |
| 0-3 | You are enjoying the research process. Opportunities exist that may enhance your experience and research. Use the check in form to share them with your advisors to find solutions |
| 4-7 | You are trying to deal with at least one challenge. Document your situation on the check in form and ensure you work through any problems with your advisors to ensure your research stays on track. |
| 8-11 | You are trying to deal with more than one challenge at the same time. Document your situation on the check in form and make an appointment to meet with your advisors so they know you are experiencing difficulties and need a support plan. You should arrange to meet with your advisors as soon as possible to ensure your research is not placed at risk. You may also like to consider seeking additional support from your ADRE and exploring other supports that may be available. |
| 12+ | You are trying to manage multiple challenges and things may be starting to feel overwhelming. Make sure you use the check in form to document your situation and make an appointment with you advisors as soon as possible. You are encouraged to consider seeking professional assistance or taking a break from your studies. |

