

## **WORKBOOK - Notions of time and HDR/ECR pathway progress Ground rule:**

Share your thoughts, provide positive and constructive comments. Make the most of the opportunity to share experience and plan your strategic use of time with others

### **As part of a meeting between HDRs and Supervisors - Introduction**

Supervisors begin the session by raising with your HDR/s the value of time in candidature. Perhaps reflect on some of your past experiences of using time, or a current issue in candidature that is of shared concern. Describe and then discuss each of the six notions of time to ensure they are fully understood, and then invite those present to work independently to identify examples of their use or experience of each of these forms of time. (You can also do this with ECRs, or with groups of supervisors.)

### **Working independently**

Identify 1-3 experiences you have had in relation to each of the notions of time

#### 1. Candidature time

1.1.

1.2.

1.3.

#### 2. Career time

2.1.

2.2.

2.3.

#### 3. Life time

3.1.

3.2.

3.3.

#### 4. Opportune time

4.1.

4.2.

4.3.

#### 5. Supervisor time

5.1.

5.2.

5.3.

#### 6. Time management

6.1.

6.2.

6.3.

**As part of the group** – Ask everyone to share one experience of time identified. Remind everyone that good use of time supports not only progress through candidature but realisation of longer term outcomes. Discuss your differing ideas and experiences. Ask if there are other experiences that seem more important, or less important, given long and short term goals. Which forms of time are people most comfortable with? Which do they realise they need to consider more carefully? or Find irrelevant to their candidature or research?

**Working independently** – Revisit the notions of time and consider experiences or approaches that you may wish to use in future to inform and prioritise your pathway progress.

#### Candidature time

1.1.

1.2.

1.3.

#### 2. Career time

2.1.

2.2.

2.3.

#### 3. Life time

3.1.

3.2.

3.3.

#### 4. Opportune time

4.1.

4.2.

4.3.

#### 5. Supervisor time

5.1.

5.2.

5.3.

#### 6. Time management

6.1.

6.2.

6.3.

### **Planning outcomes**

Take the experiences or approaches detailed above and use them as you revisit existing timelines or planning documents being prepared. Use them to ensure there is a suitably balanced use of various forms of time, and that all aspects of progress are accounted for in progressing research and/or candidature, accounting for immediate and longer term goals.